

AA/AS DEGREE REQUIREMENTS

To qualify for an **Associate of Arts** or an **Associate of Science** Degree, a candidate must:

1. Complete a minimum of 60 semester credits of 100- and 200-level courses with a grade point average of 2.00 (C) or better in all work attempted: **and**,
2. Satisfy distribution requirements listed below with a grade of C- or better in each course.

GEM 1 - Written Communication

Code	Title	Credits
Complete the following: 3		
ENGL-101	English Composition	
ENGL-102	English Composition	

GEM 2 - Oral Communication

Code	Title	Credits
COMM-101	Introduction to Speech Communication	3

GEM 3 - Mathematical Ways of Knowing

Code	Title	Credits
Select one of the following: 3-5		
MATH-123	Contemporary Mathematics	
MATH-130	Finite Mathematics	
MATH-143	College Algebra	
MATH-147	Pre-Calculus	
MATH-160	Survey of Calculus	
MATH-170	Analytic Geometry and Calculus I	
MATH-253	Principles of Applied Statistics	

GEM 4 - Scientific Ways of Knowing

Code	Title	Credits
Select at least 8 credits, including courses from two different disciplines: 8		
BACT-250	General Microbiology	
BIOL-100	Fundamentals of Biology	
BIOL-115	Introduction to Life Sciences	
BIOL-175	Human Biology	
BIOL-227	Human Anatomy Physiology I With Cadaver	
BTNY-203	General Botany	
BTNY-241	Systematic Botany	
CHEM-100	Concepts of Chemistry I	
CHEM-101	Introduction to Essentials of General Chemistry I	
CHEM-105	General, Organic, and Biochemistry	

CHEM-111	Principles of General College Chemistry I
CHEM-112	Principles of General College Chemistry II
ENSI-119	Introduction to Environmental Science
GEOG-100	Physical Geography
GEOL-101	Physical Geology
GEOL-102	Historical Geology
GEOL-123	Geology of Idaho and the Pacific Northwest
PHYS-101	Fundamentals of Physical Science
PHYS-103	Elementary Astronomy
PHYS-111	General Physics I
PHYS-211	Engineering Physics I
ZOOL-202	General Zoology

GEM 5 - Humanistic and Artistic Ways of Knowing

Select at least 6 credits, including courses from two different disciplines: 6

Code	Title	Credits
Select at least 6 credits, including courses from two different disciplines: 6		
AIST-285	American Indian Literature	
ART-100	Survey of Art	
ART-101	Art History From Caves to Cathedrals	
ART-102	Art History From Da Vinci to Digital	
CINA-126	Film and Culture	
COMM-220	Intro to Intercultural Communication	
ENGL-175	Introduction to Literature	
ENGL-257	Literature of Western Civilization	
ENGL-258	Literature of Western Civilization	
ENGL-267	Survey of English Literature	
ENGL-268	Survey of English Literature	
ENGL-271	Introduction to Shakespeare	
ENGL-277	Survey of American Literature	
ENGL-278	Survey of American Literature	
ENGL-285	American Indian Literature	
FLAN-207	Contemporary World Cultures	
HUMS-101	Montage: Introduction to the Humanities	
HUMS-126	Film and Culture	
HUMS-200	Interdisciplinary Seminar	
INTR-200	Interdisciplinary Seminar	
MUSH-101	Survey of Music	
MUSH-127	Survey of American Popular Music Since 1900	
MUSH-163	Survey of World Music	
PHIL-101	Introduction to Philosophy	
PHIL-103	Ethics	
PHIL-111	World Religions	

PHIL-201	Logic and Critical Thinking	◆ AAS	◆
PHIL-205	Political and Social Philosophy	◆ AAS	◆
PHIL-220	Asian Philosophy	◆ AAS	◆
POLS-208	Political and Social Philosophy	◆	◆
THEA-101	Introduction to the Theatre	◆ AAS	◆
ASL-101	Elementary American Sign Language I	◆ AAS	◆
ASL-102	Elementary American Sign Language II	◆ AAS	◆ ¹
FREN-101	Elementary French I	◆ AAS	◆ ¹
FREN-102	Elementary French II	◆ AAS	◆ ¹
GERM-101	Elementary German I	◆ AAS	◆ ¹
GERM-102	Elementary German II	◆ AAS	◆ ¹
ITAL-101	Elementary Italian I	◆ AAS	◆ ¹
ITAL-102	Elementary Italian II	◆ AAS	◆ ¹
SPAN-101	Elementary Spanish I	◆ AAS	◆ ¹
SPAN-102	Elementary Spanish II	◆ AAS	◆ ¹

¹ Completion of one or more Modern Language course counts as only one Humanistic and Artistic Ways of Knowing discipline.

GEM 6 - Social and Behavioral Ways of Knowing

Code **Title** **Credits**
Select at least 6 credits, including courses from two different disciplines: 6

AIST-101	American Indian Studies	◆ AAS	◆
ANTH-100	Introduction to Anthropology	◆ AAS	◆
ANTH-220	Peoples of the World	◆	◆
CHD-134	Infancy Through Middle Childhood	◆ AAS	◆
COMJ-140	Mass Media in a Free Society	◆ AAS	◆
COMM-233	Interpersonal Communication	◆ AAS	◆
ECON-201	Principles of Economics (Macro)	◆ AAS	◆
ECON-202	Principles of Economics (Micro)	◆ AAS	◆
HIST-101	History of Civilization to 1500	◆ AAS	◆
HIST-102	History of Civilization Since 1500	◆ AAS	◆
HIST-103	History of Civilization 20th Century	◆ AAS	◆
HIST-111	U.S. History to 1876	◆ AAS	◆
HIST-112	U.S. History After 1876	◆ AAS	◆
HIST-211	History of the Americas I: First Peoples And Colonial Period	◆ AAS	◆
HIST-212	History of the Americas II: Since Independence	◆ AAS	◆
POLS-101	American National Government	◆ AAS	◆
POLS-237	International Politics and Problems	◆ AAS	◆
PSYC-101	Introduction to Psychology	◆ AAS	◆
SOC-101	Introduction to Sociology	◆ AAS	◆
SOC-102	Social Problems	◆ AAS	◆

GEM 7I - Institutionally Designated

Code	Title	Credits	
Select one of the following:		3	
INTR-250A	Death and Dying: A Sociocultural, Historical, and Biological Perspective	◆ AAS	◆
INTR-250B	Physical and Virtual Environments	◆ AAS	◆
INTR-250C	Integrative Business and Value Creation	◆ AAS	◆
INTR-250D	Juvenile Justice	◆ AAS	◆
INTR-250E	Writing in the Wild: Literature and Language of Natural Spaces	◆ AAS	◆
INTR-250F	Integrative Inquiry: The Art of Presence	◆ AAS	◆
INTR-250G	Teaching and Learning in the Outdoors	◆ AAS	◆
INTR-250H	Manufacturing Desire: Persuasive Marketing and Message Creation	◆ AAS	◆
INTR-250I	Page to Stage: Making Theatre From Scratch	◆ AAS	◆
INTR-250J	Psychology of Marketing	◆ AAS	◆
INTR-250K	Art and Social Justice	◆ AAS	◆
INTR-250L	Artistic Expression in the 20th Century	◆ AAS	◆
INTR-250M	Eastern Europe: Society Through Film	◆ AAS	◆
INTR-250N	Mathematics and Aesthetics of Musical Tuning	◆ AAS	◆
INTR-250O	Leadership in Interprofessional Healthcare	◆ AAS	◆
INTR-250P	Common Read	◆ AAS	◆

GEM 7W - Wellness

Code	Title	Credits
Select one of the following:		1-3
CHD-110	Child Health, Safety and Nutrition	◆
CLC-101	Designing Your NIC Experience	◆
CLC-102	Designing Your Life and Career	◆
DANC-112	Social/Swing Dance	◆
DANC-120	Latin Social Dance	◆
MUSA-114A	Individual Instruction: Voice	◆
MUSA-114B	Individual Instruction: Piano	◆
MUSA-114C	Individual Instruction: Jazz Piano	◆
MUSA-114D	Individual Instruction: General Guitar	◆
MUSA-114E	Individual Instruction: Classical Guitar	◆
MUSA-114F	Individual Instruction: Flute	◆
MUSA-114G	Individual Instruction: Oboe	◆
MUSA-114H	Individual Instruction: Clarinet	◆
MUSA-114I	Individual Instruction: Saxophone	◆
MUSA-114J	Individual Instruction: Bassoon	◆
MUSA-114K	Individual Instruction: Trumpet	◆
MUSA-114L	Individual Instruction: Horn	◆

MUSA-114M	Individual Instruction: Trombone	PE-103WG	Varsity Sports Strength Training Women's Golf
MUSA-114N	Individual Instruction: Euphonium	PE-103WS	Varsity Sports Strength Training Women's Softball
MUSA-114O	Individual Instruction: Tuba	PE-103WV	Varsity Sport Strength Training Women's Volleyball
MUSA-114P	Individual Instruction: Violin	PE-110B	Begin Whitewater Kayaking
MUSA-114Q	Individual Instruction: Viola	PE-110C	Beginning Rock Climbing
MUSA-114R	Cello	PE-110D	Beginning Sailing
MUSA-114S	Individual Instruction: String Bass	PE-110E	Beginning Yoga
MUSA-114T	Individual Instruction: Electric Bass	PE-110F	Cardiovascular Training
MUSA-114U	Individual Instruction: Percussion	PE-110J	Jogging/Powerwalking
MUSA-114V	Individual Instruction: Harp	PE-110L	Lake Kayak/Canoe
MUSA-130	Introduction to Piano	PE-110M	Pilates
MUSA-145	Piano Class I	PE-110PP	Cross Country Skiing
MUSP-103	North Idaho College Cardinal Chorale	PE-110QQ	Zumba
MUSP-104	Vocal Jazz Ensemble	PE-110R	Strength Training
MUSP-106	North Idaho College Wind Symphony	PE-110T	Tone and Trim
MUSP-107	Cardinal Pep Band	PE-110TT	Spinning
MUSP-110M	Chamber Singers	PE-110V	Cardio Cross Training
MUSP-111C	Chamber Ensemble	PE-110VV	Introduction to CrossFit
MUSP-111O	Cardinal Chamber Orchestra	PE-110W	Mountain Biking
MUSP-113	North Idaho College Jazz Ensemble	PE-110Y	Bowling
NURS-115	Wellness for Care Providers	PE-110Z	Beginning Fly Fishing
PE-101MB	Varsity Sports Strength Training Men's Basketball	PE-111B	Beginning Golf
PE-101MF	Varsity Sports Strength Training Men's Soccer	PE-111D	Racquetball
PE-101MG	Varsity Sports Strength Training Men's Golf	PE-111F	Beginning Tennis
PE-101MW	Varsity Sports Strength Training Men's Wrestling	PE-111H	Whitewater Rafting
PE-101WB	Varsity Sports Strength Training Women's Basketball	PE-111O	Outdoor Adventures
PE-101WF	Varsity Sports Strength Training Women's Soccer	PE-111P	Stand Up Paddle Boarding
PE-101WG	Varsity Sports Strength Training Women's Golf	PE-201MB	Varsity Sports Strength Training Men's Basketball
PE-101WS	Varsity Sports Strength Training Women's Softball	PE-201MF	Varsity Sports Strength Training Men's Soccer
PE-101WV	Varsity Sport Strength Training Women's Volleyball	PE-201MG	Varsity Sports Strength Training Men's Golf
PE-103MB	Varsity Sports Strength Training Men's Basketball	PE-201MW	Varsity Sports Strength Training Men's Wrestling
PE-103MF	Varsity Sports Strength Training Men's Soccer	PE-201WB	Varsity Sports Strength Training Women's Basketball
PE-103MG	Varsity Sports Strength Training Men's Golf	PE-201WF	Varsity Sports Strength Training Women's Soccer
PE-103MW	Varsity Sports Strength Training Men's Wrestling	PE-201WG	Varsity Sports Strength Training Women's Golf
PE-103WB	Varsity Sports Strength Training Women's Basketball	PE-201WS	Varsity Sports Strength Training Women's Softball
PE-103WF	Varsity Sports Strength Training Women's Soccer	PE-201WV	Varsity Sports Strength Training Women's Volleyball
		PE-203MB	Varsity Sports Strength Training Men's Basketball

PE-203MF	Varsity Sports Strength Training Men's Soccer   ¹
PE-203MG	Varsity Sports Strength Training Men's Golf   ¹
PE-203MW	Varsity Sports Strength Training Men's Wrestling   ¹
PE-203WB	Varsity Sports Strength Training Women's Basketball   ¹
PE-203WF	Varsity Sports Strength Training Women's Soccer   ¹
PE-203WG	Varsity Sports Strength Training Women's Golf   ¹
PE-203WS	Varsity Sports Strength Training Women's Softball   ¹
PE-203WV	Varsity Sports Strength Training Women's Volleyball   ¹
PE-222	Wellness Lifestyles   
PE-226	Stress Management  
PE-288	First Aid   
SOC-220	Marriage and Family   

¹ Course enrollment is restricted to current student athletes only.

Course Key



GEM



WCHE



AAS

Institutionally Designated



Gateway



Milestone