

DANCE (DANC)

DANC-111 Dance Forms and Styles

1 Credit

Activity: 2 hours per week

Offering: Fall and Spring Only, All Years

This course will explore the many different forms of dance, from the Charleston to the waltz to jazz. It also covers different periods of history, styles, and rhythms. This course may be repeated for a total of four credits.

DANC-112 Social/Swing Dance

1 Credit

Activity: 2 hours per week

Offering: Fall and Spring Only, All Years

This course will teach the East Coast Swing dance, a popular couple dance. Single, double, and triple rhythm will be covered, along with both 6-count and Lindy Hop 8-count step versions. Other related dances (West Coast Swing, Jive, Foxtrot) may be introduced depending on the students' interests and skill level. Students will get a moderate intensity workout that improves endurance, agility, coordination, balance, and posture. This course may be repeated for a total of four credits. A special activity fee may be required.

DANC-113 Jazz Dance I

1 Credit

Activity: 2 hours per week

Offering: Fall Only, All Years

This course is an introduction to the movements and styles of today's jazz dancer. It emphasizes exercises and combinations of steps and explores theatrical, lyrical, and "funk" styles set to popular music. This course is a fun alternative to sports and helps develop an appreciation for the art form, music, rhythm awareness, and coordination. It also provides physical conditioning through strength and flexibility. This course may be repeated for a total of four credits.

DANC-114 Jazz Dance II

1 Credit

Activity: 2 hours per week

Offering: Spring Only, All Years

This course is a continuation of DANC-113, exploring movements and styles of today's jazz dancer. It emphasizes exercise, combination steps, and explores theatrical, lyrical, and "funk" styles to popular music. This course provides an alternative to sports and helps develop an appreciation for the art form, music, rhythm awareness, and coordination. It also provides physical conditioning through strength and flexibility. This course may be repeated for a total of four credits.

Recommended Prerequisites: DANC-113

DANC-115 Modern Dance: Beginning I

1 Credit

Activity: 2 hours per week

Offering: Fall and Spring Only, All Years

This course is a discovery of dance movement through the physical and mental discipline techniques of Graham and Cunningham. It includes an insight into how dances are created through improvisation, and by analyzing these movements, students will explore choreography. This course provides a creative outlet and physical conditioning of strength and flexibility. It also develops coordination and an appreciation of the art form. This is an excellent course for theatre and performing arts students. This course may be repeated for a total of four credits.

DANC-117 Ballet: Beginning I

1 Credit

Activity: 2 hours per week

Offering: Fall Only, All Years

This course focuses on basic technique, body alignment, and the development of step combinations. It includes related terminology and history of the art form. DANC-117 helps improve flexibility, muscle strength and control, and mental discipline over the body and promotes the aesthetic understanding and appreciation of classical ballet. This course may be repeated for a total of four credits.

DANC-118 Ballet: Beginning II

1 Credit

Activity: 2 hours per week

Offering: Spring Only, All Years

This course is a continuation of DANC-117 for beginners and concentrates on technique, alignment, and progressions. The student is introduced to more complex steps through faster-paced instruction. The course increases flexibility, muscle strength and control, and mental discipline over the body and enhances an appreciation of the art form as technique improves. This course may be repeated for a total of four credits.

Prerequisites: DANC-117

DANC-120 Latin Social Dance

1 Credit

Activity: 2 hours per week

Offering: Fall and Spring Only, All Years

This course will teach popular and exciting Latin couple dances, with an emphasis on Salsa and Cha Cha. Students will learn steps, techniques, and Latin motion style particular to these social dances. Other Latin dances may be introduced (Rumba, Samba, and Merengue) depending on the student's interest and skill level. This course may be repeated for a total of four credits. A special activity fee may be required.

DANC-121 Tap Dance: Beginning I

1 Credit

Lab: 2 hours per week

Offering: Fall Only, All Years

This course is a basic class in standard tap dance technique. The course will focus on an introduction to the history of American tap dance. Students will be given exposure to fads and current styles which are popular in the tap technique syllabus. This includes classical tap, stomp, step dance and clogging, and rhythm tap. This course may be repeated for a total of four credits.